



## 2024 Full Moon Drum Circles at Swank Coffee and Handmade Shoppe

With Grandmother, Cyndy Paige

**January 23, February 26, March 25, April 24, May 22, June 19, July 22,  
August 20, September 18, October 15, November 13, and December 16, 2024**

**7:00 - 8:30 pm**

The full moon provides an opportunity to sit in the fullness of our lives and offer deep gratitude for our many blessings. It is also a powerful time to recommit ourselves to the projects and relationships that mean the most to us. In my tradition, the drum can be used for contemplation, meditation, or to honor Mother Earth. Join us as we drum up lots of love and light for ourselves, our families, and our communities. If you have a frame drum, you are welcome to bring it. If not, some loaners will be available. Absolutely no experience is needed!

**Location:** *Swank Coffee Shoppe and Handmade Market, 232 NW Broad Street, Southern Pines, NC 28387.* Space is limited so please register early.

**Register:** Simply email Cyndy at [info@RhythmOfTheEarth.com](mailto:info@RhythmOfTheEarth.com) or call or text 610-563-3918. Please visit [www.RhythmOfTheEarth.com](http://www.RhythmOfTheEarth.com) for more information or other offerings.

**About Cyndy:** Grandmother is a traditionally trained Shamanic Sound Healer and master drum and rattle creator who in 2013, after almost two decades of intense study, founded Rhythm of the Earth to share her knowledge of healing and earth-based spirituality. She offers shamanic apprenticeships, private healing sessions, in-person, and online retreats to honor the change of the seasons, and opportunities to create your own drum or rattle. She humbly honors her teachers, seen and unseen.

**The energy exchange is a love donation.** You will see a traditional honor blanket or basket where you could place some green energy (up to \$20), only if you so choose. Cyndy will also have her handmade medicine tools (drums, rattles, feathers, and sacred herbs) on display. They are looking for their homes.

